



LAHUEN CO - DAY SPA

The opportunity to enjoy hot springs SPA services, under the Ancient Rome way, deeply immersed in the wild nature of Lanín National Park, in Patagonia. Day starts with a welcoming tea and the introduction to the place and dynamics, including hot springs circuits, wellness activities, hikes in the environs and lunch.

The SPA journey begins with a stay at the *Tepidarium* (a pool and area at comfortable temperature to the body), then it continues with baths at progressively higher temperatures, according to each guest tolerance and desire, in the *Caldarium*, a group of pools at stepped from 38 to 42°C (100 to 108°F).

A group of outdoor pools (a cool water one and 2 hot pools reside the main hot Springs source), are set to profit from the goodness of the Waters right in the middle of Nature.

Cervical and Vichy showers sessions are also available for further relax or tone up purposes, depending on the temperature setting.

Day Spa Rate	US\$
High season 11/15/2010 to 4/14/2011	100
Low season 8/23/2010 to 11/14 and 4/15 to 6/30/2011	80

Including:

- Hot springs SPA services
- Wellness activities according to daily program, which may include: yoga sessions in Nature, tai chi, guided meditation, Chinese energy meridians stretching, hikes in the environs, chats, among others.
- Access to the outdoor pools
- Gourmet lunch composed of 3 steps. Non-alcoholic beverages
- Permanent hydration service with fresh spring water and herbal tea
- Enjoy the many resting rooms with fire place, library and fantastic views
- Spa set (robe, towel and flippers). Changing rooms and lockers
- All taxes

Not included:

- Alcoholic drinks
- In/out transfer (*)
- Massages and mud masks (**)
- Lodging
- Access fee to the National Park

(*) regular transfer is feasible daily, with an additional cost of US\$ 25 per person/day

(**) booking in advance is recommended